

# Steps for Successful Integration of Service Learning Into PETE Courses



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# Service Learning & Initial PETE Standards

Standard 1: Scientific & Theoretical Knowledge (1.2, 1.3, 1.5)

Standard 2: Skill- & Fitness-Based Competence




Standard 3: Planning & Implementation (3.1, 3.2, 3.3, 3.4, 3.5, 3.6)

Standard 4: Instructional Delivery & Management (4.1, 4.2, 4.3, 4.4, 4.5, 4.6)

Standard 5: Impact on Student Learning (5.1, 5.2, 5.3)

Standard 6: Professionalism (6.1, 6.2, 6.3, 6.4)

# Benefits of integrating service learning into PETE programs

-  Win-win for everyone involved
-  Real teaching situation - PETE majors get to develop curriculum and lesson plans
-  Teaching IS service




# Possible pitfalls to integrating service learning into PETE programs

 Legal liability

 Cost

 Space

# Steps to successfully integrate service learning into PETE courses

-  Start **EARLY** (6 months in advance of beginning of program).
-  Coordinate with someone with access to available children (online school, homeschool network, etc.)
-  Much easier on professor to communicate & complete paperwork

# Steps to successfully integrate service learning into PETE courses (continued)



Talk with university lawyers **AT THE BEGINNING** of planning



We went through the Utah Attorney General's office to allow us to video record for teaching, research, & presentation uses.



All paperwork needs to be signed by parents and all responsible parties **BEFORE** the first class session



Remember to include medical concerns & parents contact info







# Where we fit in UVU's PETE Program



## Our course

- ❑ PETE 2100 (Skill Analysis I - covers EPE skills) & PETE 3100 (Pedagogy) are the prerequisite courses - also a *Service Learning* course
- ❑ PETE 4200 (Elementary Methods in PE) & PETE 4210 (Elementary Field Experience) taken concurrently.
- ❑ PETE 4200 meets Monday/Wednesday 8-9:50 am
- ❑ PETE 4210 meets Friday 8-11:50 am
- ❑ Over 50% of these students also concurrently enrolled in PETE 4400 (Assessment in PE)

# Beginning of the Semester

-  Begin student planning the **FIRST DAY** of class.
-  All students previously took my *Pedagogy* course
-  Professor forms the groups utilizing knowledge from previous courses, including:
  -  Strengths & weaknesses of each student
  -  Male v. female ratio (no single gender groups)
  -  Students currently enrolled in Assessment course



# Our Program

 Every Friday for 11 weeks during semester. (except Spring Break & AAHPERD)

 Cost: \$10/child for entire semester.

 Four groups of 25 children

 5-6 year olds






 7-8 year olds

 9-10 year olds

 11-12 year olds

 4 PETE majors responsible for each group of 25 children (varies depending on # of PETE majors)

# Group Learning Experience

-  Student groups assigned class (5-6, 7-8, 9-10, 11-12) by professor
-  Professor acts as a mentor as much as possible - allow students to develop curriculum and plan lessons with assistance
-  Decide on curricular focus for 11 week unit
-  Develop *draft* of unit plan - update due to frequent reflective activities.
-  Post all work on Dropbox ([www.dropbox.com](http://www.dropbox.com))

# Group Learning Experience (continued)



Groups receive list of their students at least a week ahead of first meeting. (includes medical concerns/disability information)



Name tags produced for children and teachers




Students responsible to keep records (roll, assessments)

Students meet at equipment shed before 8:30 am to load equipment into vehicles & transport to gym.



# Friday's Organization

 3 students received *loading zone* parking passing for Friday mornings to allow equipment transfer

 approximately 1/3 mile between shed & teaching area



# Set up teaching areas



# Nametags As Children Arrive

allow us to  
keep track of  
attendance &  
know students'  
names



# Nametags include name & class





# Class Locations

 Use gymnasium & "tartan" surface behind the curtain

 5-6 year old class behind curtain

 9:30 - 10 am

 7-8 year old class in main gym

 9:30 - 10 am

 9-10 year old class behind curtain

 10:10 - 10:50 am

 11-12 year old class in main gym

 10:10 - 10:50 am

# 5-6 year olds' first overhand throwing lesson



7-8 year olds  
practice  
underhand  
throwing



# Gathering Objects to Throw



# Another underhand throwing activity



# 9 & 10 year olds' First Day with Rackets & Paddles



# 11-12 year olds practicing soccer skills



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# We Record All Teaching Sessions



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# Parents & Siblings Wait & "Watch"

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Too much  
fun???

Sometimes  
parents try  
the skills  
after class 😊

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# Children Don't Want to Leave After Class



Systematic Observation is Completed by Groups NOT Teaching during each Time Slot.






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# First Day of Class


-  Meet children
-  Teach protocols
-  Inform children of unit objectives

# After Children Leave

-  Give student teachers completed observation forms
-  Briefly discuss teaching experiences (more discussion time on Monday)
-  Clean-up gym & return equipment





# Assignments Directly Related

 Audio transcription & systematic observation






 Video observations, including systematic observation

 Group unit & lesson plans

# Mondays - Discuss

-  Begin with 2 groups discussing their own teaching & the other group's teaching
-  Example: 5-6 year old group taught while 9-10 year old group observed. Then 9-10 year old group taught while 5-6 year old group observed. These groups discuss their observations and ideas.
-  Discussions must be open and polite - do NOT take anything personally or get defensive
-  Focus on what went well first, then make suggestions for improvement



-  Different *head teacher* each week
-  Group works together to develop lesson plan
-  *Head teacher* posts lesson plan on Dropbox by Monday afternoon
-  After teaching, *head teacher* completes reflection
-  *Head teacher* receives copy of video early following week

## & Plan



# Wednesdays

 Lectures, class discussions, focus on chapter information not directly tied to teaching experiences

 Very flexible

# PETE Student Experiences



Ky Keep, student (5-6)



Shyrel Callahan, student (7-8)



Shawn Rohbock, student (9-10)



Josh Pettitt, student (11-12)

# Ky Keep, 5-6 year old group



# Ky Keep, 5-6 year old group

 Working with a group

 Videotape

 Learning Experience

# Shyrel Callahan, 7-8 year old group



Shyrel  
Callahan,  
7-8 year old  
group



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# Not in the Books!

Learning by Doing

 Making Mistakes

 Succeeding

 Improvising

 Collaborating

 Serving



# Shawn Rohbock, 9-10 year old group



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# Josh Pettitt, 11-12 year old group



# Tayci Morse, student


 "This experience is helping me to write & create lesson plans that are realistic & practical. Before, I just thought of the ideas & wrote them down. Now I have had hands-on experience that brings learning to students as well as to me. I'm learning how to communicate with children as a teacher & not just as an adult."

# Rachel Anderson, student

 "I know that teaching these kids is a great experience because it is preparing me when I go out into the schools & teach. I have enjoyed this experience because I have noticed & seen the things that I really need to work on & improve. I feel that because of this class I will be a better teacher."


# Michelle Dyreng, student

 "It has been enjoyable to create a lesson and then watch it in action!"

 "I have learned that even though my ideas don't always turn out how I think they will [I can] improvise."

 "I like the challenge!"

# McKell Camp, student

 "This is a good experience for me because I learn best by doing. I can experience what it is like to teach before I have finished my degree, helping me figure out for myself if I can do this and if this is really what I want to do for my career."

# Michael Miller, student



This course has been beneficial in a number of different ways. First, we have the opportunity to have the children come to UVU where it is a controlled environment which is helpful in our first experience teaching.



Second, being able to apply what is being learned in class at an early stage in our PE Teaching major has given me greater confidence. I have seen methods that have worked and those that have bombed.



Third, we are able to watch our classmates teach and assess their lesson plans which helps from a teaching standpoint of what is effective and what to avoid.



The other 'pro' of this class is that it gets the creative juices flowing with ideas and to actually try those ideas out."

# Brock White, student



"I have enjoyed the entire process of the class. You start planning the unit as a group. You work together, without the initial pressure that you would feel if you were doing it on your own. Yet, we rotate "main" teachers and you have the ability to add your own personality to your lesson within the group dynamic. With the videotaping, audio, and the group feedback as part of the process, you learn how to be a better teacher at a faster pace and with higher quality. I like that we teach only once a week. It gives us time to really think and prepare, which when learning (as we are as students) is of great importance."



# Any Questions?



Thank-you for your participation.

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Selected Comments  
from  
Parents & Children


# Caiden, 10 years old

 "I like the teachers and the way they explain things. I have learned techniques on how to do things I would have never learned otherwise."

# Kim, mother (10)

 "I thought that was pretty cool. Thanks for doing this program for our homeschool kids. What a win-win program for all of us."

# Ryan, 6 years old


 I love P.E. because there's lots of fun games and fun exercises. I like the teachers.

# Jayna, mother



I have 3 children (5, 8, 12) in UVU's Physical Education program. They love it. They are excited about what they learn and like to practice their new skills at home, throughout the week. P.E. Class has made us more aware as a family of activities we can do at home to supplement our homeschool program. The best part of the UVU program are the 'coaches.' They go out of their way to give praise & individual attention as they greet & smile at each child. They are not too busy to pull them in to participate. My kids love their coaches.

# Julie, mother (5, 7, 9 year olds)

 One of the concerns for homeschoolers is the issue of learning to play active games (like team sports) in large groups. Most of us don't have families large enough to strike up a volleyball or basketball game. I love that this PE program provides that for my children. I think the confidence that comes with being able to "hold your own" if a game of soccer is started at the park is important.



Jensen, 6 years old

 It is way too short!

Ellie, 12 years old




I love the soccer. I actually know how to control the ball now.

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# Mother of 6 & 12 year old

 The program has been fantastic, the kids have loved it, developed skills & confidence. It has been well worth the 45 minute drive.


# Erin, mother

 This is such a great opportunity for our family. I feel that my kids are getting a great education at home, academically speaking, but the one major gap really has been their physical education. We try to stay active as a family, but I really feel that there are some things that are better taught and experienced in larger, more organized groups. P.E. is one of those things. My kids have really enjoyed the program and it fills a gap for our family.


# Jeniël, age 9

 The teachers are encouraging. The cheers are fun and I really like the jump ropes.

# David, age 7

 P.E. is fun. I like it because it gets your muscles working. My teachers are nice. They have fun lessons.

# Sarah, age 8

 I like PE because you get to move around. I love my teachers because they answer questions and make it fun.

# Katy, big sister to 8 & 13 year old



I take my little brother and my little sister to PE. My little siblings LOVE PE. Many kids don't like going to stuff like this or it gets old for them after a while. Not Andrew and Sarah! It's one of their favorite things in the week. They love the games & activities, the friends they've made, & their coaches. I'm very impressed with the coaches with how patient they are with the kids, & how kind they are but still push them & give them a challenge. Thank you for showing my little brother & sister that moving around is FUN!



# Stephanie, mother

I am writing this to tell you how much we enjoy the UVU PE Class for home schoolers.

I think this is a great program for the kids & the students. I have 3 children taking the class & they all have a great time. When I asked them what their favorite part was, they couldn't pick just one & like everything about the activities.


I have been impressed with the structure of the program & the students have been great with the kids & professional with the parents.

It is so nice to find a program that is willing to work with home schoolers, which is sometimes not the case. I find this program to be beneficial for both parties involved.


This program helps fill a need that many home schoolers have & not only does it teach skills to the kids it helps them learn to interact with other children.

We are looking forward to enrolling in the program again next year.

# Autumn, age 12

 I actually learned how to play soccer instead of just running around trying to get the ball like I did when I played on a regular soccer league. I loved learning skills!

# Chris, age 9

 I really like doing the different activities, especially jump rope. I have not done double dutch before.

Karly, age 7




I love it! I like learning the new skills.

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# Jennifer, mother (7, 9, 12)

 The coaches are so positive & give attention & praise to each child. That helps them each feel special & improves self confidence. The positive energy is infectious & each child is excited to come each week to participate. They feel that they can try new skills in a positive learning environment, without fear of failure or negative judgement. It is fun & easy to learn in this environment. Thanks 😊

# Jessica, mother (7)

 This has been a wonderful experience for our whole family. The opportunity for the children to have a structured physical education time learning new skills has been very good for them. Also, the time spent with many other children their age has been a good experience. I am so grateful that this opportunity is available to us. It is priceless. Thank you so much!

# Cameron, age 7

 I liked doing the fun obstacle course. I really like the coaches. I like every time I come.

# Lisa, mother (7, 11)



We have LOVED participating in the PE program. The teachers have been inspiring mentors to our children in teaching them athletic skills. We have appreciated having an indoor place for the kids to get exercise.



As a home school family we know this program is irreplaceable. There is not another program out there that compares to the skills learned, the availability of a major location & the cost! This is something I could not have provided otherwise.



Another benefit I didn't foresee is coming to a college campus every week has prompted questions about their future education. My 11 year old son is asking what he needs to do so he can take classes at the university!  
Bonus!



We LOVE this program. I only wish it was offered year-round!



# Julia, mother

The UVU PE Teachers program has been wonderful! My children have really enjoyed learning new skills & perfecting old ones. The teachers have been excellent & watching them has given me some new ideas that I can incorporate at home & in other areas in the community, such as Cub Scouting. I love the way that the teachers really try to get to know the children & involve everyone, no matter what level they started at. They are patient, kind, friendly, & fun. It is also fun for the children to make new friends & get to play fun games with them every week.

One of my daughters was in a dance program at BYU, & it turned out that one of her PE teachers was at the performance. He came up to her afterward & told her what an excellent job she had done. That he would not only recognize & remember her as being in his class (after only meeting a few times), but also take the extra time to encourage her & build her self-confidence was very impressive to me.

Thank you for involving us in your excellent program. I hope it continues to be successful.

# Sarah, mother (6, 8)




My girls have absolutely loved this PE program! They have learned skills & games that they would never have learned otherwise. They have learned that moving & exercising is fun & feels good. I really appreciate the chance they have had to work on skills alone as well as with other children. I also appreciate that they have learned they can be physical & active without competition. Sometimes the pressure from competition causes the little ones to either shut down or be too serious. The way this class has been handled has made both of my girls feel confident & ready to try new things with their body. We love our Friday PE days!



On a homeschool note, I really can't say enough about my appreciation for this opportunity. There is virtually no way for me to replicate something like this for my children. It's a wonderful opportunity for the children of our homeschool community to make friends, interact with other adults & enjoy the energy that can only come from a large group of kids in a gymnasium. Thank you so much!

# Camille, age 7

 I like P.E. Class because I get to play with friends. I've learned how to slide and two-foot jump. These were hard at first, but now I'm a little better at them.

# Mindy, mother (6, 8)

The UVU physical education program has been very beneficial to my two children who are participating. I am amazed at how much they can learn & practice in such a short period of time, once a week. My 6 year old son is, by nature, hesitant to try new things as he doesn't like to do things that he can't do well. The UVU P.E. coaches have been so encouraging & supportive that I have seen his confidence improve & his willingness to try something new has greatly increased. Both kids have really enjoyed the different activities they have been able to participate in.

# ToriAnn, mother (6, 8, 10)

We love the homeschool PE program that UVU offers. As a homeschooling mom, I really appreciate it for several reasons:

 The Instruction

 The Teachers

 The Facilities

 The Cost


Ultimately, this program has provided in educational experience that would be almost impossible to duplicate any other way. It has made it possible for me to round out my kids' education in the best way I could imagine. Thanks!

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# ToriAnn, mother (6, 8, 10)

 The Instruction: As I have watched I have been impressed again & again that my kids are getting great physical skills training - the real basics - incorporated into a fun & inspiring learning environment. The games & activities that the teachers play aren't "fluffy" at all, but full of real learning. But the kids just think they are just having a lot of fun.

# ToriAnn, mother (6, 8, 10)



The Teachers: The teachers in this program are so friendly & relatable for the kids. I can tell they genuinely enjoy my children, & my kids can too. They look forward to seeing their teachers so they can share little bits from their life, & they get very excited if they happen to see one outside of class. These teachers are doing a great job. They are also prepared & ready to offer encouragement, excitement, & advice.

# ToriAnn, mother (6, 8, 10)




The Facilities: I feel so lucky that we can participate in this program in a full-size gym. My kids, in the middle of winter, have lots of room to play & move around - something of a rare commodity in the homeschool community. Wiggles in the winter ar a hard part of homeschooling - so it's a great service to have a place where learning & wiggle-release can happen at the same time.




I also appreciate that they have made a lot of effort to accommodate my entire family. I have one kid who is too young to participate, but we can still come, associate with other moms waiting, & he has a place where he can play quietly while we are waiting.




# ToriAnn, mother (6, 8, 10)

 The Cost: As a homeschool mother, the expenses of homeschooling can sometimes get high - particularly when you have several children. I really appreciate that my kids can get a first-rate physical education opportunity without breaking the bank. I think it's one of the best homeschool deals in our area!


# Eleanor, age 6

 I like PE because there are lots of things you can learn, and you have fun. I like to see my friends. I love my teachers.

# Thomas, age 8

 I like PE because I like how it's fun. And you learn lots of cool new stuff. And how you practice learning every kind of thing and you discover things you've never discovered before. I've been practicing "left foot, right throw" that I learned in my class. I love my teachers - Ms. Callahan, Mr. White, and Coach Morse, and Coach Bangerter. I think you're very encouraging, and I think you love us very much.

# Lilian, age 10

 I really like the fact that unlike the other classes, Mr. Rohbock when he is in charge brings treats sometimes. I also really like the jump ropes & the hula hoops. I hope that they do them again next year. All the teachers are very encouraging, although sometimes the lessons get a bit boring - like the time all we did was learn different ways to throw a ball up in the air & catch it. I know that they will all probably grow up to be very good PE teachers, and I'